



Roscommon of County

4-H Family News

FEBRUARY 2021

Continue the 4-H Growth

We invite all of you to continue the growth of 4-H in Roscommon County. We are excited about the most recent developments as new people are stepping up to be part of the leadership here in Roscommon County. As you are likely aware, our inaugural 4-H Council was established in 2020 and we continue to look for teens and adults who have the vision of what 4-H can and will look like here as we continue to move forward.

What we love about the 4-H program is that it is a very grassroots organization in that what you invest, you get to see in the bearing of fruit in your communities. It is just so impressive to see the 4-H Council get their foundational footing and begin offering their upcoming events. We have the Family Trivia Nights being offered through the coordinated efforts of Trisha Jackson and Samantha Karoub as an event of the 4-H Council. If you know a family who has been thinking of getting involved in our local 4-H program, this would be a great place to dip their toes and test the waters. Come join in the fun!

We also have some of our 4-H teens who are highlighted in our most recent promotional video as a testimonial. This you will find on Facebook along with a huge variety of other programs and events. We are sure to have a little of something for everyone.

In this newsletter you will find an update on the current status of when we might be able to resume 4-H face-to-face programs. Regardless of when we can do that, please be sure to make that commitment to get even more involved in 2020.

Sincerely, John Wurm, Roscommon County 4-H Program Coordinator

Contact Us

John Wurm
4-H Program Coordinator
785-260-3186 (direct cell)
wurmj@msu.edu



Rebecca Sova
MSU Extension Support
Staff
989-275-5043
sovarebe@msu.edu



500 Lake Street
Roscommon, MI 48653

Like us on Facebook:
[Roscommon County 4-H](#)

This 4-H Newsletter Is Packed With Great Topics

- ◆ 4-H Family Trivia Nights
- ◆ Strengthening Family Connections
- ◆ Cooking With Kristi
- ◆ 4-H Ninja Club
- ◆ STEM Careers
- ◆ Mindfulness Resources
- ◆ 4-H Capitol Experience
- ◆ Valentines 4-H Club
- ◆ 2021 Skillathon

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STATEWIDE CALENDAR OF EVENTS

2

**Coming soon: virtual
4-H Capitol Experience
Youth Summit**



Save the date for the 4-H Capitol Experience Youth Summit, March 13, 17 and 20!

This fully virtual event will have opportunities for youth engagement, networking, sharing ideas, meeting with decision makers, learning about careers in and around policy, and learning the basics about government.

Youth will select issue groups, which will become small group learning cohorts throughout the event.

Sessions will be held:

- March 13, 10 a.m.- 1 p.m.
- March 17, 4—6 p.m.
- March 20, 10 a.m.- 1 p.m.

This event is open to youth in eighth grade through age 19; registration will begin in February. The \$20 cost to attend will include a mailed conference kit to enhance the virtual experience. Scholarships are available.

4-H Events and Workshops

February 1-28: Cooking with Kristi

Online

This six-part on-demand video series will provide participants with access to instructional cooking videos and a private Facebook group. Youth will learn kitchen safety and sanitation, recipes for tasty and economical foods, and cooking techniques and terms.

www.canr.msu.edu/events/cooking-with-kristi

February 2: Life of the Straits Winter Edition

Zoom Webinar

The program will take place Tuesdays and Thursdays through Feb. 9. Each session will share information on amazing features of the Straits of Mackinac and the wonderful winter activities you can enjoy there. This program is ideal for youth 8-12 years but is open to any family.

www.canr.msu.edu/events/life-of-the-straits-winter-edition-2021-feb-2

February 9: Wild Spartans Series—Working with Honeybees

Zoom Webinar

Join each month to meet scientists from across MSU Extension, the MSU Department of Fisheries and Wildlife, and the Michigan Department of Natural Resources. In February, attendees will hear from an entomologist and learn what the buzz really is about bees!

www.canr.msu.edu/events/wild-spartans-series-february

February 13: MSU Tollgate Farm Homegrown Gardening Series

Zoom Webinar

Interested in starting a vegetable garden for the first time or are you an experienced veggie gardener looking to explore new ideas? All levels of experience are welcome at this new series designed to encourage and support home vegetable gardeners! Sessions will be held monthly.

www.canr.msu.edu/events/msu-tollgate-farm-homegrown-gardening-series-2021-feb-13

February 18: MSU Tollgate Farm Stewards Virtual Winter Series

Zoom Webinar

This youth-led series, occurring monthly, is a safe place for past, present, and future MSU Tollgate Farm stewards and stewards-in-training to connect or reunite as a community and to explore resiliency and growth as youth leaders.

www.canr.msu.edu/events/msu-tollgate-farm-stewards-virtual-winter-series-2021-feb-18

February 19-March 5: 4-H Family Trivia Nights

Zoom

Friday nights, Roscommon County families compete for fun and prizes!

<https://forms.gle/YuE9JoHvJIHuZBa58>

For the most up-to-date events listing, go to <http://4h.msue.msu.edu/events>.

**LOCAL
PROGRAM!**

Update on Michigan 4-H programming

A message from MSU Extension Director Jeff Dwyer and Jake DeDecker, state leader of Michigan 4-H Youth Development

To say that 2020 was difficult is an understatement. The COVID-19 pandemic and the losses and life changes that came along with it took its toll on many of us. At MSU Extension and Michigan 4-H, we felt the pain that comes with cancelling events and pivoting exclusively to online programming.

You'd be hard pressed to find anyone—inside or outside Extension—who isn't eager to get back to face-to-face programming. We understand that our Michigan 4-H families are missing incredible experiences and connections that were built through in-person gatherings and programs.

We are making plans to resume face-to-face programming, and we look forward to engaging 4-H'ers, their families and volunteers. Our staff is working diligently to chart a path toward resuming in-person programming when the threat to public health caused by COVID-19 greatly diminishes. Though it is premature to cite a specific date, we are eager to see you all at the events, club meetings, competitions and fairs we all have grown to love.

In the meantime, we are committed to bringing high-quality virtual programming to residents and communities with varying needs throughout the state. We encourage 4-H'ers and clubs to continue meeting via zoom and engage in the many virtual educational programs offered by 4-H. For more information on virtual programs and resources or help setting up 4-H club meetings, contact your 4-H program coordinator or visit MSU Extension Remote Learning and Resources web page at <https://www.canr.msu.edu/rlr/>. Thank you for all that you do. We hope to see you soon.



**TIME Magazine
selects 4-H'er as
"Kid of the Year"**

TIME

Congratulations to Colorado 4-H'er Gitanjali Rao, TIME Magazine's Kid of the Year! At age 15, Gitanjali is the first 4-H'er to ever be selected for the honor.

Gitanjali earned the distinction for her efforts to address a range of major problems. Utilizing STEM, she has worked on issues that include contaminated drinking water, opioid addiction and cyberbullying. It is her belief that young innovators such as her hold the key to solving world problems.

Read more about Gitanjali's 4-H story and experiences in her interview with TIME:

<https://time.com/5916772/kid-of-the-year-2020/>



World Food Prize Michigan Youth Institute applications due April 1

AT MICHIGAN STATE UNIVERSITY
become inspired and prepared as

As millions across the globe deal with food insecurity, the World Food Prize Michigan Youth Institute (WFP MIYI) offers young people an opportunity to be part of the solution. On May 6, youth will join virtually to become inspired and prepared as the next generation of global leaders to end world hunger.

Attendees will have the opportunity to share their ideas related to global food security with experts and other Michigan youth while learning how university faculty and staff members, researchers and students are working to address world hunger.

To participate, youth should be in grades 7-12 and register by the April 1 deadline. As part of the registration process, youth are required to prepare a two- to five-page research paper about a developing country and how it is affected by one of 20 key factors that impact food security. At the online event, youth will present and discuss their papers with other attendees and research and industry experts. They will also participate in an interactive session with global challenge experts to learn more about topics related to global food and food security.

The top performing students at the WFP MIYI will be considered as possible delegates to attend the World Food Prize Global Youth Institute in Des Moines, Iowa, or virtually, in October. For more information, visit www.canr.msu.edu/wfpmyi/. Registration will open on March 1; registration and papers are due by April 1.

FREE · LOCAL EVENT

**Open to All
Roscommon County families!**

Roscommon County 4-H Presents

Enjoy Three
Nights...

- ✓ Pure Michigan
- ✓ Pop Culture
- ✓ Movies and Music

Play all three nights
and have your
chance to win the
OVERALL PRIZE

VIRTUAL →

Family

Trivia Nights



Friday, February 19

Friday, February 26

Friday, March 5

OVER

ZOOM 7pm

Limited Teams – so register today!

Registration is simple – Click the google form and fill.

Links to the Zooms will be sent prior to game night.

Supplies Needed: Paper and Marker

Nightly Winning Team to receive a Family Game Night

Overall Winning Team to receive a family caricature

portrait from Illustrator Erik Johnson, valued at \$100!

(limited to 5 family members)

*Family Teams are not limited by age, but families must reside in Roscommon County.

Here are a few of the programs 4-H currently offers. Click on image for details.



4-H NINJA TRAINING SPIN CLUB

Register at: <http://bit.ly/4hninja>

FEBRUARY 10- MARCH 17, 2021

4:30 TO 5:30 PM

YOUTH 9 TO 19

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The poster features a young girl climbing a rock wall. The background is split into red and blue triangles. The Michigan State University Extension logo is in the bottom right corner.



LET'S HAVE A LEGO CHALLENGE!

Join us for our Lego 4-H Spin Club! Each session you will be provided with a new challenge to add to the building fun!

Free and open to youth 9 and up

When: Jan 25, Jan 27, Feb 1, Feb 3, Feb 8, Feb 10
4-5pm EST

We will be meeting online using the Zoom App

For registration info please email Luckeyje@msu.edu

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The poster is framed by a border of colorful Lego bricks. It includes the Michigan State University Extension logo and a small circular logo with the letter 'A'.



COOKING WITH KRISTI

Learn

- . new recipes
- . kitchen safety
- . cooking terms & techniques

Your free enrollment includes access to a private Facebook group where you can access six videos to watch on your schedule. You will also receive a PDF to go along with each video that includes the recipe and other valuable info.

This series is recommended for youth 10 and up or younger with help from an adult.

<https://events.anr.msu.edu/Cooking2021/>

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The poster has an orange background. On the left, there are three icons: a recipe book, a kitchen faucet, and a cutting board with vegetables and a knife. The Michigan State University Extension logo is at the bottom.



ARE YOU READY TO LEARN HOW TO MAKE THE GREATEST FAIR FOOD EVER CREATED RIGHT IN YOUR VERY OWN HOME? JOIN US ON 4-H IN THE KITCHEN LIVE AND WE'LL SHOW YOU HOW TO MAKE HOMEMADE BAKED CORNDOGS!

February 20, 2021| 2:00 pm

<https://events.anr.msu.edu/4HCornDogs/>

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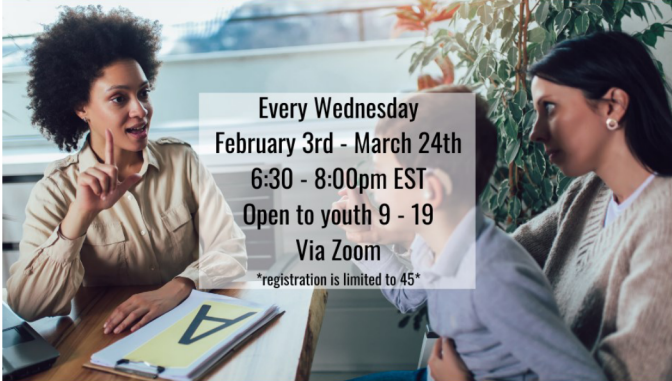
4-H GROWS HERE

The poster features a close-up of two corn dogs in a paper basket, one with yellow mustard and one with red ketchup. The background is a red and white checkered pattern. The Michigan State University Extension logo and the '4-H GROWS HERE' logo are at the bottom.

Want to see more? Visit <https://www.canr.msu.edu/4h/events>

Here are a few of the programs 4-H currently offers. Click on image for details.

Connections Through Signing: American Sign Language Beginners Series



Every Wednesday
February 3rd - March 24th
6:30 - 8:00pm EST
Open to youth 9 - 19
Via Zoom
registration is limited to 45

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4-H GROWS HERE

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Are you ready to explore? Unsolved Mysteries

Case File: Unsolved Mysteries

Inspector: All MI 4-H Youth (ages 8+ recommended)

When: Mon & Fri, Feb 1-19, 4-5 pm

Location: Zoom (link sent upon registration)

Register here to take the case:
<https://forms.gle/yAVCNN2wiGjJBSSq7>

Lead Inspector: Ashley Freed,
freedash@msu.edu

For More Information: Find us on Facebook: Luce County 4-H
Mackinac County MSU Extension
Ashley Freed STEAM Corps Member
Mackinac County 4-H
freedash@msu.edu

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AmeriCorps

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Save the Dates

Hinamatsuri Japanese Girls' Day Celebration Series!

Origami, Sushi, Japanese Language, and Culture

February 23, 24, March 1, and 3
6-7pm EST/ 3-4pm PST on Zoom

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WESTERN MICHIGAN UNIVERSITY

University of Kentucky College of Agriculture, Food and Environment Cooperative Extension Service 4-H Youth Development



FREE At-Home Activity Kit

Create & Communicate Together Strengthening Family Connections

Roscommon 4-H • 989-275-5043 • facebook.com/RosCo4HFun



MICHIGAN 4-H PRESENTS

You can get PAID for THAT?!

WILD & CRAZY CAREERS

Careers come in all shapes and sizes.
Hear from people who have made their passions a job, and their jobs their passions!

Tuesdays, January 12 - February 16
4:30PM ET on Zoom

Target Audience: Ages 9-19 Cost: Free
Zoom link will be provided upon registration

MSU Extension programs and material are open to all without regard to race, color, national origin, gender, gender identity, religion, age, height, weight, disability, political beliefs, sexual orientation, marital status, family status, or veteran status.

Strengthening Family Connections Kits available free to Roscommon County families. Limited number of kits available.

Want to see more? Visit <https://www.canr.msu.edu/4h/events>

Here are a few of the programs 4-H currently offers. Click on image for details.

JOIN US ONLINE!

4-H LEGO CREATOR SPIN CLUB



Every day choose to be imaginative, be an engineer and become a Creator with LEGO!
Open to all youth aged 13 to 19.

Sign up by February 18th!
Starts: Monday, Feb 22-26, 2021
From: 3:30-4:45pm

Questions: Christine Miller email at
johns832@msu.edu or call
(517)552-6905

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4-H CAPITOL EXPERIENCE



JOIN US
VIRTUALLY!

YOUTH SUMMIT 2021

Day 1
Saturday, March 13
10am-1pm

Day 2
Wednesday, March 17
4pm-6pm

Registration begins
in February!

Day 3
Saturday March 20
10am-1pm



Shiawassee County 4-H

VALENTINE TREAT SPIN CLUB SPECIAL DELIVERY!!!

Join this 6 session virtual SPIN club as we indulge into making 6 different Valentine's Day treats that require NO BAKING. This is open to 4-H members and NON 4-H members geared for ages 8 & up, but all ages welcome with parental supervision. This is a fun FREE event designed to create Valentine treats.

February 2, 3, 4, 9, 10, 11
at 5:00 pm

Please register with
ANR Events and sign up in 4-H Online
Upon registration you will receive a confirmation email with link and password for entrance to this Zoom event, and a small grocery list of items needed for your creations.
Please Register by January 29th

Questions please contact Martina Valdez
valdez3@msu.edu



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Want to see more? Visit <https://www.canr.msu.edu/4h/events>

Here are a few of the programs 4-H currently offers. Click on image for details.

Macomb + Eaton County 4-H Present

ART + ACTIVISM

VIRTUAL 4-H SPIN CLUB

EXPERIENCE THE WORLD DIFFERENTLY, FIND THE ARTIST AND ACTIVIST IN YOU.

January 5th - February 23rd | Every Tuesday
6:00 PM - 7:00 pm est.
via zoom

FREE AND OPEN TO
YOUTH AGES 9 - 13

Please email Ally Baird (bairdal2@msu.edu) with any questions
Register here: <https://bit.ly/37Kr4fj>



Join Us Online

WILD SPARTANS

MONTHLY WILDLIFE RESEARCH WEBINAR SERIES
FOR FAMILIES INTERESTED IN EXPLORING
SCIENCE * RESEARCH * CAREERS * CONSERVATION

Begins October 27 | 7PM EST
then on the 2nd Tuesday of each month

Registration required: https://events.anr.msu.edu/wild_spartans/



Extension



FREE AND OPEN TO ALL HIGH SCHOOL YOUTH

STEAM CAREERS SPIN CLUB

MARCH 2ND - APRIL 6 | EVERY TUESDAY
4:00 PM - 5:00 PM EST.
VIA ZOOM APP



TO REGISTER, YOUTH MUST BE ENROLLED 4-H MEMBERS THROUGH 4-H ONLINE

PLEASE EMAIL ALLY BAIRD (BAIRDAL2@MSU.EDU) OR KATHY JAMIESON (JAMIES13@MSU.EDU) WITH ANY QUESTIONS.



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Want to see more? Visit <https://www.canr.msu.edu/4h/events>

Here are a few of the programs 4-H currently offers. Click on image for details.

2021 SKILLATHON

Michigan 4-H State Championship

Test your knowledge and comprehension of animal science and livestock management practices.



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Registration is Open for the
North/Upper Peninsula Regional - Sat. March 6
events.anr.msu.edu/skillathon/



UNCOVER THE GREAT CHOCOLATE MAKING MYSTERIES OF OUR DAY! JOIN THE MASON COUNTY 4-H CHOCOLATE COVERED CLOVERS AND YOU'LL LEARN ALL ABOUT THE HISTORY, CURRENT EVENTS, AND SECRETS OF THE GREATEST CANDY IN THE WORLD!

Jan. 28 thru Mar. 4, 2021 | 4:30 to 5:30



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Anyone interested in signing up for Chocolate Covered Clovers should log in to [Michigan 4-H Online](#) 2.0, select Mason County and enroll in "Chocolate Covered Clovers".



4-H LEAGUE OF CLOVERS IS HAVING A BIG VIRTUAL D&D QUEST ON FEB. 27, MAR. 6 AND MAR. 13, 2021

RALLY TO THE CLOVER BANNER!

Feb 27, Mar 6, Mar 13, 2021 | 2:00 pm to 3:30 pm



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Investigating Food with Science

The Science Behind Food Safety



A FREE after school online program exploring how cooking is an experiment and baking is a science.

Melting Ice with Food Science

Wednesday, Feb. 3rd - 4 p.m. EST

For more information and to register visit:
<https://events.anr.msu.edu/InvestigatingFoodwithScience2021/>
To join by phone, call in advance to register at 877-643-9882.

Want to see more? Visit <https://www.canr.msu.edu/4h/events>

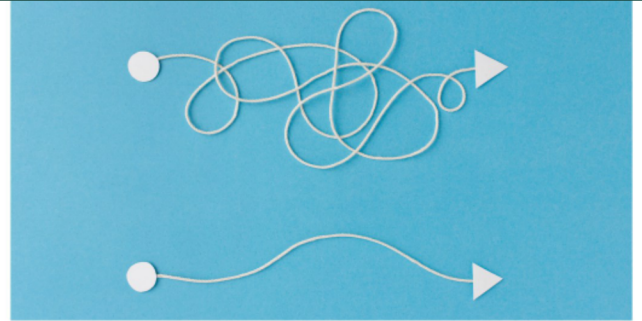
MSU Extension offers programs for adults, too! Click on image for details.



Join Us Online

ACES: ADVERSE CHILDHOOD EXPERIENCES

March 4 | 6:00 p.m. - 7:00 p.m. EST



Join Us Online

RELAX: ALTERNATIVES TO ANGER

February 16 - 19 | 10:00-11:00 a.m. EST

Register: <https://events.anr.msu.edu/acesmar4/> MICHIGAN STATE UNIVERSITY Extension

Register: <https://events.anr.msu.edu/relaxfeb16/> MICHIGAN STATE UNIVERSITY Extension

Michigan State University Extension presents...

EMPOWERU!

Advocating Invasive Species Management and Natural Resource Conservation

LEARN HOW TO WORK WITH DECISION MAKERS AND INFLUENCE MANAGEMENT DECISIONS TO ADDRESS CONSERVATION ISSUES IN YOUR COMMUNITY!

5-WEEK VIRTUAL COURSE
BEGINS MONDAY, FEBRUARY 15, 2021
ONLY \$10 PER PERSON!

MICHIGAN STATE UNIVERSITY Extension

REGISTER BY FRIDAY, FEBRUARY 12:
[HTTPS://EVENTS.ANR.MSU.EDU/EMPOWERU2021/](https://events.anr.msu.edu/empoweru2021/)



Join Us Online

SLEEP EDUCATION FOR EVERYONE

Thursdays, March 4 - April 15 | 1:00 p.m. - 1:30 p.m. EST



Join Us Online

STRESS LESS WITH MINDFULNESS

February 8 - 12 | 10:00-11:00 a.m. EST

Register: <https://events.anr.msu.edu/sleepmar4/> MICHIGAN STATE UNIVERSITY Extension

Register: <https://events.anr.msu.edu/slmfeb8to12/> MICHIGAN STATE UNIVERSITY Extension

Want to see more? Visit <https://www.canr.msu.edu/roscommon/events>

Teens and Pre-Teens – will you join us?



Youth Leadership Wanted

The Roscommon County 4-H Council is actively seeking young leaders to help advance programming, unique experiences and opportunities in Roscommon County for area youth.

For more information, please reach out to 4-H Council President, Samantha Karoub at samanthakaroub@gmail.com or call the 4-H extension office at 989.275.5043.

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